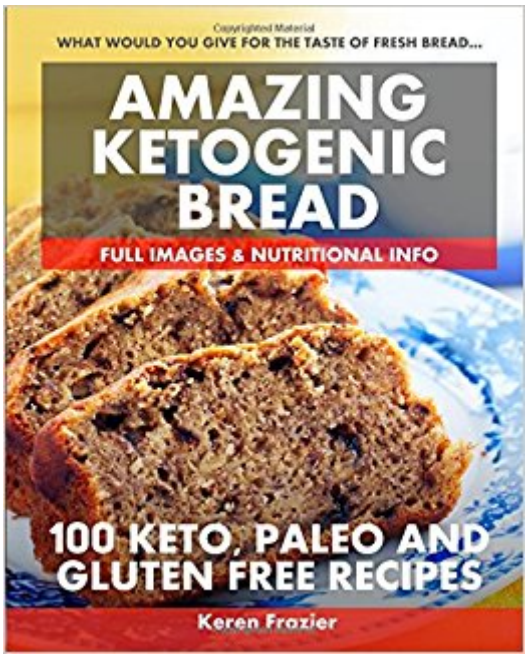
Ebook Directory
the best source of ebook

The book was found

Amazing Ketogenic Bread



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

Would you like to be able to eat bread again? How would you like a book with over 100 Ketogenic Bread Recipes? Everyone loves bread. The problem comes with eating too much of it. The weight gain from eating our once staple food is what puts many people off eating it today. But this amazing new book could be your salvation and have you eating bread once more. Ketogenic Bread: Low Carb Bread Cookbook for Keto, Paleo, and Gluten Free Diets; Loaves, Bagels, Rolls, Muffins, and More! Inside the pages of this book, you are going to find more than 100 recipes for delicious ketogenic breads which will have your mouth watering, including: - Loaves - Bagels - Pizzas - Buns and rolls - Muffins and biscuits Imagine the smell of freshly baked bread wafting through your house from your kitchen once again. Imagine being able to eat bread with your evening meal, have toast for breakfast or a sandwich at lunchtime. It can be done and you could be enjoying the taste of freshly made breads as soon as youÃ¢â ¬â„¢ve read the first chapter. Get your copy of Ketogenic Bread today! Your family will love the bread you create.

Book Information

Paperback: 226 pages

Publisher: CreateSpace Independent Publishing Platform (May 14, 2017)

Language: English

ISBN-10: 1546679456

ISBN-13: 978-1546679455

Product Dimensions: 7.5 x 0.5 x 9.2 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 stars 6 customer reviews

Best Sellers Rank: #1,598,174 in Books (See Top 100 in Books) #88 inÃ Â Books > Cookbooks, Food & Wine > Regional & International > Native American #953 inÃ Â Books > Cookbooks, Food & Wine > Special Diet > Ketogenic

Customer Reviews

I rarely make anything fancy, but when I saw some of the foods in this book, I just new I had to try them out. I share the foods with my co-workers and they love it all. They are always asking for the recipe and thinking I came up with all these great ideas! (But they donÃƒÂ¢Ã â ¬Ã â„¢t need to know the truth. Haha!)

The author describes and explains the many different flours available for use in ketogenic diets.Very

helpful and informative. Lots of recipes. So excited to find a pizza crust recipe! Personally prefer using almond flour to coconut flour. So many recipes....I have not tried many yet!

I am a little time culinary specialist working in a little time eatery and even I was awed by the formulas in this book! I even conversed with my supervisor about adding some of these things to our menu. We gave out specimens of a couple of the bagels to check whether costumers might want them as another menu thing. Following seven days of inspecting, around 92% of costumers voted they "would get it"!

The formulas are simple which is awesome for a tenderfoot cooker like me. What's more, there are pictures for everything. Makes it less demanding to pick what you need to make first. Also, there is such a great amount of data about ketogenic bread. I felt like a specialist subsequent to understanding it all lol! Best digital book in my accumulation!

Good recipes. Haven't had time to try any yet.

The amount of typos and level of grammer suggest this book was not re-read by the author or any editors. I have yet to try any of the recipes, but I, unfortunately, don't have high hopes for the flavors and accuracy of said recipes. The formatting of the nutritional information chart is off on most pages and the information in said chart is not consistant across the recipes. Calories are listed as grams...not sure what that is about...they should be calories or kilo calories, not grams. At first glance, I am unimpressed.The number of recipes offered is nice and many of the recipes sound like they would taste good. I will update my review with reports of taste, and accuracy of instructions, once I have tried a few recipes.

Download to continue reading...

BREAD MACHINE COOKBOOK: 120 Most Delicious Bread Machine Recipes (bread, bread bible, bread makers, breakfast, bread machine cookbook, bread baking, bread making, healthy, healthy recipes) Ketogenic Diet: Ketogenic Diet Weight Loss Made Super Simple (Ketogenic Diet, Ketogenic cookbook, Ketogenic food, Ketogenic diet cookbook) (Volume 1) Ketogenic Diet: Ketogenic Diet: Eat Fat Get Thin: Keto: 100+ Easy Ketogenic Diet Recipes For Extreme Weight Loss. The Ketogenic Diet Beginners Guide To ... Keto, Ketosis, Weight Loss, Ketogenic Diet) Ketogenic: 6-in-1 Ketogenic Diet Box Set: Lose Weight Till Spring With 110 Ketogenic Recipes: (Ketogenic Diet, Ketogenic Plan, Weight Loss, Weight Loss Diet,Beginners Guide) The 10 Day

Ketogenic Cleanse: The Metabolism Booster Your Body Needs To Burn Fats (keto diet, high fat diet, ketogenic diet for weight loss, fat loss, ketogenic, ketogenic, ketogenic diet) Ketosis: Ketogenic Diet Weight Loss Made Super Simple (Ketogenic Diet, Ketogenic cookbook, Ketogenic food, Ketogenic diet cookbook) (Volume 1) Ketogenic Diet: The Ketogenic Diet Cookbook: 30 Ketogenic Diet Lunch Recipes For Rapid Weight Loss And Amazing Energy (Ketogenic Cookbook Series 2) Oster Expressbake Bread Machine Cookbook: 101 Classic Recipes With Expert Instructions For Your Bread Maker (Bread Machine & Bread Maker Recipes) Oster Expressbake Bread Machine Cookbook: 101 Classic Recipes With Expert Instructions For Your Bread Maker (Bread Machine & Bread Maker Recipes) (Volume 1) The Big Gluten-Free Bread Cookbook Vol. 1: Feel the Spirit in Your Little Kitchen with 500 Secret Holiday Bread Recipes! (Vegan Gluten Free Bread, Gluten ... Cookbook,..) (Gluten-Free Bread Territory) Ketogenic Bread: Low Carb Keto Bread Bakers Cookbook with COLOR PHOTOS, Serving Size, And Nutrition Facts For Every Keto Bread Recipe! Ketogenic Bread Recipes: Over 30 Easy Low Carb Bread Baking Keto Recipes, Paleo and Gluten Free Diet, High Protein. Color photos and Nutritional Facts ... Easy Low Carb Cookbook for bread lovers Ketogenic Bread: The Ultimate Low Carb, Paleo, Gluten Free Diet Cookbook for Keto Bread Bakers with 60 Easy Keto Bread Recipes for Weight Loss and Healthy Living KETOGENIC BREAD COOKBOOK: Low Carb Bread Cookbook for Keto,75 Delicious & Easy Keto Bread Recipes for Weight Loss and Healthy Living... Ketogenic Bread: 22 Low Carb Cookbook Recipes for Keto, Gluten Free Easy Recipes for Ketogenic & Paleo Diets, Includes Complete Nutritional; Bread, Muffin, ... Loss, Delicious & Easy for Beginners 1) Ketogenic Diet: Beginners Guide For Rapid Fat Loss And Vitality (Ketogenic Diet For Beginners, Ketogenic Diet Meal Plan, Ketogenic Diet Mistakes, Low Carb Diet) Ketogenic Diet: Ketogenic Diet Mistakes You Need To Know **BONUS** 30 Day Accelerated Fat Loss Meal Plan! (ketogenic diet, ketogenic diet for weight loss, ... diet, paleo diet, anti inflammatory diet) Ketogenic Diet for Beginners: Know Why and How Guide to Ketogenic with 40 recipes(Ketogenic for Beginners,Ketogenic Recipes with Illustration) Ketogenic Diet: The Essential Ketogenic Diet Cookbook For Beginners Ã¢â ¬â œ Delicious Ketogenic Recipes To Help You Lose Weight, Regain Confidence, and Heal Your Body (Ketogenic Cleanse) Ketogenic Diet: Ketogenic Diet Mistakes to Avoid for Rapid Weight Loss (Ketogenic Diet for Weight Loss, Ketogenic Diet for Beginners, Diabetes Diet, Paleo Diet, Anti Inflammatory Diet, Low Carb Diet)

Contact Us

DMCA

Privacy